

# Allergy-Friendly



Vermont's Premiere **Gluten-Free** Bakery

## BREADS *Baked every Thursday!*

All breads are made with our proprietary certified gluten-free bread flour and started with white sugar to feed the yeast.

### DAIRY - FREE

#### WHITE / \$8.99

Classic white bread, made simply with flour, eggs, oil, and water

#### CHALLAH / \$8.99

Rich, eggy, and slightly sweet - our take on the Jewish staple

#### EGG WHITE CHALLAH / \$8.99

Our Challah, lightened up

#### OATMEAL / \$8.99

Loaded with certified gluten-free oatmeal and rich molasses

#### SUPER SEEDED / \$8.99

Peppered with walnuts, sesame seeds, poppy seeds, and a touch of honey

#### CINNAMON RAISIN / \$8.99

An aromatic loaf studded with raisins

## BAGELS *Fresh every Saturday!*

### DAIRY - FREE

PLAIN, CINNAMON RAISIN,  
HONEY OAT, EVERYTHING,  
MONTREAL, SESAME /  
\$1.99 | 1/2 DOZ - \$11.55

### SPECIAL ORDER: DAIRY - & EGG - FREE

PLAIN, CINNAMON RAISIN,  
HONEY OAT, EVERYTHING,  
MONTREAL, SESAME /  
\$1.99 | 1/2 DOZ - \$11.50

### REFINED SUGAR - FREE

PLAIN, HONEY OAT, EVERYTHING,  
MONTREAL, SESAME, CHEDDAR,  
CHEDDAR JALAPENO /  
\$1.99 | 1/2 DOZ - \$11.50

Updated: May 1, 2021

## BAKERY MENU

WESTMEADOWFARMBAKERY.COM  
(802) 878-1646

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## MUFFINS

### DAIRY - FREE

#### APPLE SPICE / \$3.25

Fall/Winter seasonal - a classic combination of apples, cinnamon, nutmeg, and allspice

#### BLACK FOREST / \$3.25

Mingling of bright cherries meet rich chocolate

#### CITRUS POPPY SEED / \$3.25

Overflowing with citrus and crunchy poppy seeds, topped with a zesty glaze

#### MORNING GLORY / \$3.25

A healthful mix of apples, carrots, coconut, orange, walnuts, and cinnamon

#### PUMPKIN CHOCOLATE CHIP / \$3.25

Tender, lightly spiced, and loaded with chocolate chips

### SPECIAL ORDER: DAIRY - FREE

#### CINNAMON SUGAR DONUT MUFFINS / 4PK - \$4.99

An old-fashioned donut made mini and rolled in cinnamon sugar

#### BLUEBERRY / \$3.25

Bursting with blueberries under a crunchy sugar top

## ROLLS

### DAIRY - FREE

#### TAKE N' BAKE / \$8.49

Frozen dinner rolls you bake yourself!  
Available DF in Plain (8) & Garlic (6)

#### SANDWICH ROLLS/ 6PK - \$8.99

Classic white rolls made for hearty sandwiches, hamburgers, and more!

#### OAT ROLLS/ 6PK - \$8.99

The best of our oatmeal bread in roll-form

### SPECIAL ORDER: DAIRY - & EGG - FREE

#### TAKE N' BAKE / 6PK - \$8.49

Available dairy- and egg-free in  
Plain (8) & Garlic (6)

## BAR S

### DAIRY - FREE

#### BROWNIES / \$3.25

Fudgy, decadent and studded with chocolate chips

#### BROWNIE W/ DAIRY-FREE PEANUT BUTTER FROSTING/ \$3.95

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## COOKIES

### DAIRY - FREE

#### GINGER CRINKLE / \$2.39

Spicy ginger with a molasses hit

### SPECIAL ORDER: DAIRY - FREE

#### PEANUT BUTTER / \$2.39

#### DECORATED SUGAR COOKIES / \$3.50 | 6PK - \$21

Hand-decorated with dairy-free royal icing

### DAIRY - & EGG - FREE

#### VEGAN CHOCOLATE CHIP / \$2.50

### SPECIAL ORDER: DAIRY - & EGG - FREE

#### VEGAN PEANUT BUTTER / \$2.39

#### VEGAN DECORATED SUGAR COOKIES / \$3.50 | 6PK - \$21

Hand-decorated with dairy-free, eggless royal icing

## GRANOLA

### DAIRY - & EGG - FREE

#### GRANOLA / 1 LB - \$8.59 | 2 LB - \$16

Our special mix of gluten-free oats, seeds, and honey; available with dried fruit, nut, and vegan chocolate mix-ins

## PIZZA CRUSTS

### DAIRY - FREE

#### CLASSIC:

10" 2PK - \$6.49 | 10" 5PK - \$15.75 |

12" 2PK - \$8.79 | 12" 5PK - \$21

Par-baked flatbread crusts so good you'll wonder if they're really gluten-free

### DAIRY - & EGG - FREE

#### VEGAN:

10" 2PK - \$6.49 | 10" 5PK - \$15.75 |

12" 2PK - \$8.79 | 12" 5PK - \$21

Our classic par-baked crusts made *dairy-* and *egg-free* (contains flax seed)

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## PIES *Made to order*

### SPECIAL ORDER: DAIRY-FREE

#### CLASSIC / 6" - \$12 | 9" - \$25

Apple, Blueberry, Mixed Berry,  
Raspberry

#### CREAM / 6" - \$12 | 9" - \$25

Chocolate Cream, Coconut Cream;  
also available in *ginger crinkle* and  
*vegan chocolate chip cookie* crusts

#### SEASONAL / 6" - \$12 | 9" - \$25

Lemon Meringue, Pumpkin

#### NUTS / 6" - \$15 | 9" - \$28

Maple Pecan, Pecan

### SPECIAL ORDER: DAIRY- & EGG-FREE

#### CLASSIC / 6" - \$12 | 9" - \$25

Apple, Blueberry, Raspberry,  
Mixed Berry with *dairy-free* or *vegan*  
*graham cracker* crust

#### SEASONAL / 6" - \$15 | 9" - \$28

Vegan Pumpkin with *vegan graham*  
*cracker* crust

## PIES (CONT)

### REFINED SUGAR-FREE

#### TAKE N' BAKE PIE CRUSTS / \$7.50

Butter or *Dairy-free*, 9"

### SPECIAL ORDER: REFINED SUGAR-FREE

#### CLASSIC / 6" - \$12 | 9" - \$25

Apple, Blueberry, Mixed Berry,  
Raspberry, *with* butter or *dairy-free*  
crust

#### NUTS / 6" - \$15 | 9" - \$28

Maple Pecan *with* butter or *dairy-free*  
crust

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## OUR STORY

### WE'RE LOIS & SARAH, THE MOTHER-DAUGHTER DUO AT WEST MEADOW FARM BAKERY.

We were both diagnosed with celiac disease over 20-years ago. We quickly discovered how challenging it was to find tasty food you can eat in a world full of gluten, *so we decided to create our own.*

After three years of trial-and-error, we opened up our home kitchen to bake gluten-free for others in 2003. Hearing customers say that **"you'd never know this was gluten-free,"** we moved into our first commercial space in 2009. Ten years later, we opened our current bakery at 4 Carmichael Street in Essex Junction, Vermont. You'll find us most days behind the counter, baking, refining new recipes, and finding new ways to help others live healthy, gluten-free lives.

## CAKES & CUPCAKES

*Birthday cupcakes to wedding cakes and all that's in between! Let's find a flavor combination that works for you.*

### SPECIAL ORDER: DAIRY-FREE

#### CAKES:

Vanilla, Chocolate, Carrot, Coconut, Lemon, Strawberry, Raspberry

#### FROSTING:

Vanilla, Chocolate, Lemon, Mocha, Strawberry, Raspberry, Peanut Butter

### SPECIAL ORDER: DAIRY- & EGG-FREE

#### CAKES:

Vanilla, Chocolate, Carrot, Coconut, Lemon, Strawberry, Raspberry

#### FROSTING:

Vanilla, Chocolate, Lemon, Mocha, Strawberry, Raspberry, Peanut Butter

### SPECIAL ORDER: REFINED SUGAR-FREE

#### CAKES:

Chocolate, Maple-Vanilla

#### FROSTING:

Maple Seven-Minute, Whipped Chocolate Ganache, Chocolate-Avocado

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